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## On bi-Lipschitz type inequalities for quasiconformal harmonic mappings

Let  $f$  be a sense-preserving homeomorphic self-mapping of the unit circle. According to the famous Radó-Kneser-Choquet theorem the Poisson extension  $F$  of  $f$  to the unit disk is a harmonic homeomorphic self-mapping of the unit disk. In 1997 and 1999 we established several results that provided intrinsic characterizations of  $f$  for  $F$  to be quasiconformal, in terms of the Cauchy and Cauchy-Stieltjes singular integrals involving  $f$ . In 2002 M. Pavlović then gave a decisive characterization of such mappings  $f$ . Moreover he proved that if  $F$  is quasiconformal, then  $F$  is bi-Lipschitz in the Euclidean metric. As improvements of this result, we find explicit estimations of bi-Lipschitz constants for any such quasiconformal harmonic mapping  $F$  that are expressed by means of the maximal dilatation  $K$  of  $F$  and  $|F^{-1}(0)|$ . Under the additional assumption  $F(0) = 0$  the estimations are asymptotically sharp as  $K \rightarrow 1$ , so  $F$  behaves almost like a rotation for sufficiently small  $K$ .